



# Campbell River Gymnastics Communicable Disease Plan

*Please note: this document is subject to change following provincial health and safety requirements.*

This Club Communicable Disease Plan has been approved by the [\*\*Campbell River Gymnastics President\*\*](#) on Jan 15, 2022

# Campbell River Gymnastics Association

## Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

**Campbell River Gymnastics** is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. **<Campbell River Gymnastics will** complete the following:

1. **Campbell River Gymnastics** will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
2. **Campbell River Gymnastics** will promote hand hygiene by providing hand hygiene facilities at both entries with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
3. **Campbell River Gymnastics >** will maintain a clean environment through routine cleaning processes **every two hours , all washrooms high touch areas . process, and cleaning product.**
4. To a reasonable extent, **Campbell River Gymnastics** will support employees in receiving vaccinations for vaccine-preventable conditions.
5. **Campbell River Gymnastics** is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.